NATIONAL FEDERATION FOR THE SPORT OF JUMP ROPE / ROPE SKIPPING IN SINGAPORE RECOGNISED BY SPORT SINGAPORE





Jump Rope Federation Singapore (JRFS) is officially the National Governing Body (NGB) for the sport of jump rope/ rope skipping in Singapore and a National Federation affiliated to the International Jump Rope Union (IJRU).

We are pleased to announce the acknowledgement of JRFS as the National Federation for the sport of jump rope/ rope skipping in Singapore by Sport Singapore (Singapore Sports Council).

Jump rope/ rope skipping is popular sport among Singaporeans, residents and expats taking up the sport for recreational, fitness and competitive purposes. Ministry of Education (MOE) schools are offering the sport as a CCA and it is one of the 21 sports in the annual MOE Singapore Primary School Sports Council National School Games.

Established in 2013, JRFS is formally accepted into the sole international federation (IF) of the sport, International Jump Rope Union (IJRU) on 1st January 2019 and is appointed by the IF as the national governing body for the sport in Singapore. IJRU received Observer Status in the Global Association of International Sports Federation (GAISF) in 2018. Observer Status sets the sport to official sport recognition, which is recognised by governments worldwide and gives greater powers to a sport organisation to govern its sport. Further to that, only GAISF recognised sports may apply to be featured in the Olympic programmes. JRFS has since been formally recognised by Sport Singapore, a statutory board under the Ministry of Culture, Community and Youth of the Singapore Government as the National Federation for the sport in Singapore.

The main mission of JRFS is to promote and develop the sport in both recreational and competitive. It has organised many promotional events and championships since it's establishment and participated in international competitions. The federation will continue to strives to develop good relationship with interested parties and organisations in Singapore. JRFS has also invested much resources into youth development and will work with it's international counterparts to cultivate jump rope talent locally and regionally.

JRFS is now responsible for all aspects of jump rope/ rope skipping in Singapore. Some of it's immediate tasks and responsibilities include: 1. Working with it's counterparts who are actively involved in the sport. 2. Promote our sport to a widen inclusivity. 3. Regulate competition rules and regulations. 4. Sanctioning of local competitions and results. 5. Maintaining a list of national records. 6. Selection of local national athletes and organising of the national competitions. 7. Development and training of coaches, judges and officials.